

I. Call To Order

Tonya Garreaud called the meeting to order at 12:55 p.m. on Saturday, January 17, 2009 at her home in Portland, Oregon.

II. Present

The following board members were present: Tonya Garreaud, Denise Weeks, Don Gura, Karin Brown, Paul Cheek and Jennifer Shonk.

III. Minutes Approved

Paul motioned to approve the minutes from the October meeting. Motion approved and minutes will be approved via e-mail in the future.

IV. Committee Reports:

A. Treasurer– Karin

1. Treasurer's report (see attached): A copy of Quicken was purchased, clarification on Rahasya.
2. Follow up on tax documents, they will be sent.
3. The bank recommended adding a secondary signer to our account. Karin will look into the details with the bank and the bylaws and report back to the board.
4. Budget: Karin will draft a budget for 2009 (add to protocols).
5. IYANW address will remain as Sunset Yoga Center; billing with Constant Contact will be updated.

B. Membership – Paul

1. Membership report (see attached): Constant Contact should be used for membership drive and specific recruitment. There are 177 subscribers to Constant Contact, 67 of which are not members. Suggestion to promote associate membership to other regions.
2. Maintenance of accurate membership records and membership promotion has been a challenge due to the late collection of Dues. The Board will draft a letter to IYNAUS. Suggestions to notify membership once adjustment has been made to IYNAUS website and develop a poster to promote IYANW.

C. Communications – Don

1. Newsletter: Next issue in April or May. Brainstorm on the theme, The Next Step. Article ideas to include: 2010 convention update, an article by Felicity Green, pranayama preparation sequence. Solicit articles via Constant Contact. Website:

Update to workshops and Board members. Application form was fixed and the website will be updated on a quarterly basis.

D. Scholarship – Paul for Judy

Discussion by the board around the reinvention of the scholarship to award or grant in order to appeal to more members, this idea will be communicated to Judy for feedback.

E. President – Tonya

1. Convention: Preparations are moving forward. Paul will oversee the development of the convention website, and postcards will be sent out. Brainstorm on ways to get the Northwest Association involved in the convention. Dialogue about some sort of IYANW fundraiser, ideas: limited edition tee-shirts, tea or dessert.

V. Old Business

- A. Lending Library: Advertised in November Newsletter. Jen will manage papers and send out books. Library is stored at Sunset Yoga Center. Catalogue will be available online. One month check-out timeline. Tonya will write up a proposal. Anticipated start time: April. Next phase: System to confirm membership.
- B. Increase in Fees: Discussed via e-mail. The Board agreed to match the regional fee to that of the national association.

VI. New Business

- A. Nominations for IYNAUS: Each association was asked to propose nominees. Nina Pileggi agreed to be nominated.
- B. Outreach: E-blast to be sent by March at the latest. Content to include: Ascent magazine cover story, membership renewal and workshops.
- C. Next meeting: Open meeting at Julie Lawrence Yoga Center in Portland, Oregon on Saturday, June 6 at 1:00 p.m.

AMMENDED MEETING TIME AND DATE: Sunday, June 7th from 3:00 p.m.

VII. Summary of Actions

Tonya

- Revise Judy's letter
- Call Judy to discuss scholarship committee and outreach before the June meeting
- Write proposal for library and think about operation process for the library
- Have a conversation with Pat concerning 2010 IYNAUS nominees

Denise

- Draft a letter to IYNAUS board expressing concerns of invoices and membership retention

Don

- Change billing for Constant Contact to Karin
- Design a postcard for area studios to display to promote IYANW membership
- E-mail studio owners to inform them that their workshops are listed on the IYANW website and to check that the information is correct

Paul

- Send amended protocols to Jen
- Send information to Karin re:\$200.00
- Periodically check IYNAUS website to see if membership amount has been revised. When correct, notify CC list with an e-mail blast and request that they rejoin through the IYNAUS website.
- Create a Certified Teachers CC list
- At the beginning of each quarter, e-mail area studios to submit their workshop forms
- Request an article about pranayama from Felicity for the upcoming newsletter
- When available, send membership list to Jen for Lending Library

Karen

- Draft a budget for the upcoming year based on reports from 2008
- Add "budget" to Treasurer's protocols and send revised protocols to Jen
- Retrieve Debit Card from Nina
- Check with BOA about having a secondary signer on the account (review by-laws concerning this)

Jen

- Convert all protocols to PDF format
- Find VP protocols from Paul and send to Denise
- Revise reimbursement forms and send to board
- Send 2009 contact sheet to board
- Weigh library donations and add to spreadsheet
- Research reusable mailers for lending library
- Send file naming protocols to board members and request electronic files from 2008

VIII. Adjournment

Jen motioned to adjourn the meeting at 3:50 p.m. Motion seconded.

Minutes submitted by Jennifer Shonk