

I. Call to Order

Tonya Garreaud called the meeting to order at 9:01am on Sunday, February 6, 2011 from her home in Portland, Oregon.

II. Present

The following Board Members were in attendance via Skype: Tonya Garreaud, Denise Weeks, Karin Brown, Paul Cheek, Anne Geil, Angela McKinlay, Marcia Gossard .

III. Minute Approval from October meeting

Paul motioned to approve minutes as submitted by Jennifer Schonk. The motion passed.

IV. Committee Reports

A. Treasurer—Karin. Treasurer's Report (attached)

1. The Board agreed to change the scholarship deadlines so they ended on the quarter. The deadlines will be: March 31, June 30, September 30, December 31.
2. The Board would like to see carry over amounts from one year's budget to the next, i.e., have a running total of how much money is still available in specific budget items from year to year.
3. There was a question about covering lodging costs for out-of-town Board members during meetings. The Board agreed that meeting expenses should be as economical as possible. Lodging is usually offered to out of town members from in-town members. The Board will not cover lodging expenses.

B. Scholarship—Angela

1. An application was received and approved for \$200. Angela will follow through with contact information.
2. The Board agrees that the scholarship fund should be spent each year. At the same time, there needs to be ways to fund the scholarship. Angela will solicit ideas from the Board.
3. IYNAUS members who volunteered at convention had an opportunity to donate part of their membership fees to the IYANW scholarship fund. Karin has not seen this money and has concerns about it. Virginia Burdette is the new treasurer and should be a good contact.

C. Membership--Paul

When Paul receives information from IYNAUS, he will send out an e-mail.

D. Communications/VP Report—Denise (report attached)

1. Because of multiple errors by Kinkos, printing of the last newsletter was free.
2. The Board agreed that it needs to update its website. But changes can be expensive (averaging \$500/first page). The board needs to decide which pages should be permanent and which should keep changing. The pages that change should be very

easy to edit so even a novice can make changes. Denise will solicit members for possible volunteers.

3. There was a question about how much old material we should keep on the web. IYNAUS has board minutes since 2003. No clear decision was made.

E. President's Report—Tonya (report attached)

1. At Tonya's Member class, she had 13 people, 7 of whom became new members. People were slow to leave, which seemed to foster the sense of community we're trying to build.

V. Old Business

A. Lending Library:

1. Jen was able to begin conversion from VHS to DVD.
2. New materials to acquire include DVD of Las Vegas General class; DVD of Estes Park
3. Library Committee currently consists of Denise. Tonya would also like to be on it and is interested in maintaining it now that Jen is no longer on the Board. Tonya will pursue finding somewhere to house the library.
4. The library committee should decide on materials to acquire and make sure members know about it. Newsletters could have a review of a library item in each issue.

B. Member-only Workshops.

1. Jen also had a member-only workshop where three-four new members signed up.

VI. New Business

A. New Teaching Guidelines for Certified Teachers

There was a discussion about the new teaching guidelines that IYNAUS has issued from Guruji. The Board agreed that IYANW's role is to be informed about IYNAUS' policies, but not to be the enforcers of the policies. The current teaching guidelines seem unclear as defined, so we expect further clarifications in the future.

B. Young People's Survey

There was a discussion about the recent survey sent out by IYNAUS about young people. Some board members had taken the survey, but no conclusions were drawn about IYANW's position about marketing to young people. Some suggestions were to have a higher presence in mixed-yoga formats and to offer classes to students under 25 so the classes could be faster-paced.

C. Does IYNAUS hear our concerns?

Virginia Burdette of IYNAUS asked IYANW if the national organization is meeting the needs of the region, both as individual members and as board members. As Board Members, it is often unclear who is in charge at the national level. Many requests for information or decisions get bogged down and forwarded without timely answers back to IYANW. As individual members, the request for continuing education documentation can be cumbersome. Tonya will pass on concerns to Virginia.

D. Member Meeting

The Board agreed to hold simultaneous Member Classes and Member Meetings throughout the region. Classes/meetings will be held in at least the following locations: Portland, Camus, Seattle, and possibly Pullman. The day: Saturday 2-4:30pm. The class will be 2-4pm, free for members. Non-members can join at the time of the class. The meeting will last up to 30 minutes after the class. A Board member needs to be present at the meeting. This is an opportunity to ask members what they'd like to see happen with the organization. The Board will research and decide on one of these dates for the meeting: April 16th, April 30th, May 7th

VII. Next Meeting:

Sunday, June 26, 2011 from 9 am-noon via Skype or phone.

VIII. Summary of Actions--Anne

All

- Review protocols and ask questions about anything that is out of date or unclear. Send updated protocols to Anne by **March 15th**.
- Review job descriptions on website. Send updated job description to Denise.
- Check with local studio re: dates for member class/member meeting. Once date is agreed upon by Board, publicize in local studio.

Tonya

- Ask Jen for protocols for new positions.
- Ask Jen for digital files.
- Send digital grant acceptance letter and grant application to Angela.
- Contact Michelle Ringgold about volunteering layout design for print newsletter.
- Send 30-50 IYANW postcards to Denise.
- Send postcards to Marcia.
- Contact the NE region to see how they involve teachers in their member classes.
- Check with Julie about moving Lending Library to JLYC.
- Write an article for May newsletter highlighting what's in library, new items, and the check-out process.
- Contact Virginia about whether or not IYNAUS is meeting our concerns.
- Look into having new members pay ½ fees if join in summer.
- Ask other studios to hold member class/meeting in April/May.

Karin

- In current budget, separate Newsletter printing and Newsletter postage amounts.
- In past budgets, set up carry-over amounts from year to year.
- Disburse scholarship just awarded.

Denise

- Update constant contact studio information.
- Contact studios for news before the next newsletter.
- In next e-news blast, ask members if they'd like to volunteer website design services.
- Collect updated job descriptions and send to Paul to post on website.
- Collect and publish studio's membership benefit offerings (e-mail Tonya about this first).

Paul

- E-mail membership information once received from IYNAUS.
- Check with Felicity about teaching a members class.
- When receive job descriptions from Denise, update on the web.
- Hold a members class/meeting in Camus.
- Post the date and locations for member class/meeting on website.

Angela

- E-mail Charles to get identifying information of scholarship recipient.
- Send acknowledgement of scholarship to recipient.
- Send recipient's information to Karin.
- Update grant application with new dates and with Angela's contact information.
- Start e-mail brainstorm of ways to fund the scholarship budget.
- Contact Pat about teaching a member class (with Anne).

Anne

- Get copies of old digital files from Tonya (via Jen).
- Send out new board contact information.
- Send out reminders about protocol updates before March 15th.
- Contact Pat about teaching a member class (with Angela).

Marcia

- Display IYANW postcards in Moscow studio.
- Pursue having an IYANW membership drive in Moscow.

IX. Adjournment

Paul motioned to adjourn at 12:14pm. Denise seconded motion. Motion passed.